

About the Book

(back cover info)

Whether you're a student or haven't been in school for years, learning and growth is a lifelong endeavor. While the current school curriculum covers a wide range of subjects that offer a wealth of knowledge, it is lacking in a few key lessons that could add tremendous value to your life. These lessons offer wisdom about yourself: your habits, attitude, and mindset.

Wisdom Beyond the Classroom teaches how your habits, attitude, and mindset affect every aspect of your life. The subjects taught in this book lead to a path of living every day with more clarity, confidence, and joy. On this path that includes meditation, you have the ability to tap into your potential and inner wisdom by shaping your mind to become your greatest asset and rid yourself of limiting beliefs.

Throughout your life, you will take on the roles of both teacher and student, and because of that, the stories, tools, and simple lessons you are about to learn come from the perspectives of a wise teacher and his students, who all teach and learn from each other. They are expecting your arrival and have a wealth of wisdom they're excited to share!